



OA Birthdays & Anniversaries

Congratulations to all those celebrating!

Happy Anniversary to:

Lynette P. 47 years November 20

If you forgot to submit, we can still publish next month.

How many years of recovery do you have? We want to celebrate with you.

Email: ocioffice@oaoci.org

OAOCI is Hosting the July 2023 Region 2 Convention!!

The OA Orange County Intergroup has voted to host the next Region 2 Convention. Three planning meetings have been held to date. Here are the dates for this year's remaining meetings:

Mondays, Nov 14th and Dec 12th.

To attend the next meetings, register [here](#). Volunteers are needed to help out. FYI - Check out the Region 2 website [here](#).

OCI MEETINGS SCHOLARSHIP GRANT

To encourage the starting and restarting of in-person meetings, OCI will offer a scholarship of one month's rent up to \$100. This would be payable to the renting organization for meetings-to-be that demonstrate sufficient OA members planning to support it, for a total amount not greater than \$3000.

To be eligible for this grant, the meeting must have an Intergroup Representative who attends monthly OAOCI Intergroup meetings (2nd Thursdays, 7:30 - 8:30 pm).

OA Virtual Events Beyond OCI

The next Virtual Region Sunday e-workshops at 12 – 1:30 pm are:

- November 13th, Step 11: Prayer and Meditation
- December 11, Sponsoring

Check out the flyers for these workshops at oaoci.org/events

OCI Service Opportunities

Carrying the message to the compulsive overeater who still suffers is the basic purpose of our Fellowship; therefore, it is the most fundamental form of service. Any form of service—no matter how small—that helps reach a fellow sufferer adds to the quality of our own recovery. Members who are new to OA can give service by getting to meetings, putting away chairs, putting out literature, talking to newcomers, and doing whatever needs to be done for the group. Members who meet the abstinence requirement can give service beyond the group level in such activities as intergroup representative, committee chair, region representative or Conference delegate. There are many ways to give back what we have so generously been given. We are encouraged to do what we can when we can. "A life of sane and happy usefulness" is what we are promised as the result of working the Twelve Steps. Service helps to fulfill that promise.

As OA's responsibility pledge states: "Always to extend the hand and heart of OA to all who share my compulsion; for this, I am responsible."

If you are interested in helping out in a specific area - speaking at a meeting, planning OCI Activities, helping to introduce OA to the public, supporting our youth in OA - or, if you just want to be of service and aren't sure where you might fit best, please email: chair@oaoci.org.

Board positions that are vacant include:

- Activities
- 12th Step Within
- Additional Board positions will be open for vote at next Board/Intergroup meeting on December 8th

The 63rd Annual OA Birthday Party Age of Miracles

Friday, January 13th – 15th 2023

In person at the LAX Hilton!

[Presented by the LA Intergroup of OA](#)

- Registration at: <https://www.oalaig.org/oa-birthday-party/>
 - Tickets will be \$45 in advance, \$65 at the door
- [Book your hotel room at the LAX Hilton here](#)
- [Click here, for more information](#)

ADD YOUR NAME!

To be added to any of the following lists, please contact the OCI office at 714-953-0900 or ociooffice@oaoci.org

Find A Sponsor

The following individuals may be available as sponsors. Please give one of them a call and take advantage of their experience, strength and hope.

Anne C.....949-887-2944
Fred B.....714-925-8233
Lynette P.....714-401-7148
Ron H.....714-381-4515
Sharon P.....714-330-2014
Domingo.....562-587-7306

Phone Contacts

Feel free to give the following people a call at the available hours indicated.

Fred B.....714-925-8233
Lynette P.....714-401-7148
Eva H.....714-774-7400
Griselda.....562-361-2727
Sharon.....714-330-2014
Annie T (24/7).....714-552-2337
Gaddy G (7a—10 p).....949-842-6439
Ron H.....714-381-4515

E-Mail Contacts

The following people are available via e-mail:

Anne C.....anne@thepearlygates.com
Griselda.....nicknamegoeshere05@gmail.com
Steven H.....shh92714@yahoo.com
Annie T.....jitterbalbug@yahoo.com
Gaddy G.....gaddy3@gmail.com

Looking for an OA meeting?

Click on the link to view OC OA Meetings by Day (in-person, web and phone).

[OC OA Meetings by Day](#)

Region 2 May Events OA RISE

Recovery Inspires Shared Experiences/Finding the Power Within the Steps/Road from Relapse to Recovery and more...

oar2.org/event-calendar.html

Carrying the Message & Donations
OA World Service suggests donating \$5 per meeting to offset increased costs and declining donations.

Orange County Intergroup OC Intergroup Zoom Meeting

Give service and join the ZOOM meeting, no driving required! Let's get every meeting represented!

<https://zoom.us/j/148694212>

MEETING ID: 148 694 212 PASSWORD: 123123

Next two 1 hour meetings will be:

November 10th & December 8th at 7:30 pm

We're looking for shorter articles for the Communique.
Please submit to publications@oaoci.org

To e-mail regarding a business matter: ociooffice@oaoci.org

Orange County Intergroup Office

Mailing Address:

PO Box 23057

Santa Ana, CA 92611

714-953-0900

Office Hours:

Mon – Thurs, 10:30 – 1:30

1905 E. 17th Street, Suite 322,

Santa Ana, CA 92705

www.oaoci.org

Literature purchases by appointment only.

Region 2 Office

4733 Torrance Blvd. PMB 335,

Torrance, CA 90503

<http://www.oar2.org>

World Service Office

505-891-2664

PO Box 44727, Rio Rancho, NM 87174

E-mail: info@oa.org <http://www.oa.org>

Other Intergroup Offices

Foothill 626-568-7511 www.oafoothill.org

Inland Empire 951-715-2080 www.go2oa.org

Los Angeles 323-653-7652 www.oalaig.org

San Diego 619-521-2538 www.oasandiego.org

San Fernando Valley 818-888-4776 www.oasfvalley.org

San Gabriel Valley 626-335-3355 www.oasgvie.org

South Bay 562-493-9030 www.oasouthbay.org

HAVE SOME SPARE TIME?

Any time you have to help carry the message is appreciated!

We've got lists and check them out on the left column of this page.

Call Frank P. at 949-842-3454 or Email name & phone number to volunteers@oaoci.org

Your trusted servants:

Chair.....chair@oaoci.org

Frank P.....949-842-3454

Vice-Chair.....vicechair@oaoci.org

Jenn S.....714-996-6011

Secretary.....secretary@oaoci.org

Steven M.....562-397-2596

Treasurer.....treasurer@oaoci.org

Joyce F.....714-328-2690

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Rosemary D.....714-979-6780

Activities.....activities@oaoci.org

Vacant

Meeting Liaison.....mtgliason@oaoci.org

Terry L.....949-400-3379

Public Information.....publicinfo@oaoci.org

Paula F.....949-201-8916

Publications.....publications@oaoci.org

Lynette P.....714-401-7148

E-Media Manager.....emediamgr@oaoci.org

Caroleena A.....626-421-2544

12th Step Within.....12thstepwithin@oaoci.org

Vacant

Region 2 Reps

Vacant

World Service Delegates

Vacant

Looking to do more OA service?

Three Board positions are vacant.

- 12-Step Within,
 - Activities, and
 - Publications.
 - World Service Delegate and
 - Region 2 Rep
- Contact Frank P. at chair@oaoci.org