



OA Birthdays & Anniversaries

Congratulations to all
those celebrating!

Happy Anniversary to:

Eileen W.	6 years	2-23-2016
Linda M.	36 years	2-26-1986
Susan H.	36 years	1-19-1986
Regina H.	16 years	2006

If you forgot to submit, we can still
publish next month.

How many years of recovery do you
have? We want to celebrate with you.

Email: mailto:ocioffice@oaoci.org

COMING SOON!

Sweet Surrender and
Salty Dog Retreats
April 2022

Watch for information at
oaoci.org/events

OALAIG PRESENTS: Body Image Workshop

Sunday, March 27, 10am-1pm

For more info:

oalaig.org/

OCI MEETINGS SCHOLARSHIP GRANT

To encourage the starting and restarting
of in-person meetings, OCI will offer a
scholarship of one month's rent up to
\$100. This would be payable to the
renting organization for meetings-to-be
that demonstrate sufficient OA members
planning to support it, for a total
amount not greater than \$3000.
To be eligible for this grant, the
meeting must have an Intergroup
Representative who attends monthly
OAOCI Intergroup meetings (2nd
Thursdays, 7:30 - 8:30 pm).

OA Virtual Events Beyond OCI

The next Virtual Region Sunday
e-workshops at 12 – 1:30 pm are:

- March 13th, "The Next Right Thought or
Action"
- April 10th, "Service Keeps Us in Program"

Check out the flyers for these workshops at

oaoci.org/events

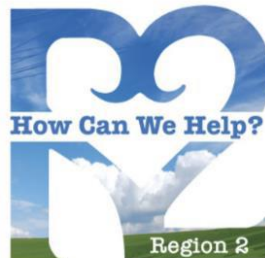
Region 2 wants to know how they can help Orange County Intergroup.

Each meeting's Intergroup representative will report on
their meeting's findings at the March 10 Intergroup
meeting. If your meeting does not have an Intergroup
representative, consider sending someone to the
meeting on Thursday, March 10th, 7:30-8:30 pm.

<https://zoom.us/j/148694212>

MEETING ID: 148 694 212

PASSWORD: 123123



SPRING ASSEMBLY
March 25 - 26, 2022

Region 2 Town Hall Questionnaire

How Can We Help?

return to publications@oar2.org
or fill out online: <https://bit.ly/r2-townhall>

Please let us know how R2 can help the intergroup you represent. There will be a Town Hall Discussion during the 2022 Spring Assembly. We want to make sure we understand where our resources should be focused.

THE PURPOSE OF REGION 2:

- To promote unity within the Region
- To provide a forum for the exchange of ideas
- To be aware of and serve the needs of member Groups and Intergroups
- To carry the message of Overeaters Anonymous to the compulsive overeater who still suffers

1.) We hear some intergroups are concerned with the following.

Please check all that are concerns for the intergroup you represent:

- Zoom Bombers
- Income Taxes on Paypal or other 7th Tradition digital collection tools
- Outreach to Healthcare Professionals
- Outreach to Newcomers
- Do I need to Collect Sales Tax for OA Literature Sold in Meetings?
- Diversity & Inclusion in our Meetings
- Not Enough Sponsors for the Newcomers in our Meetings
- Not Enough People Doing Service, or Lack of Service Rotation
- Relapse in our Fellowship
- How to have Hybrid Meetings
- Returning to In-Person Meetings
- Member Retention
- Other:

2.) Does your intergroup have any needs or concerns we haven't listed above?

3.) Do you have any ideas for how we can improve Unity in our region? Region 2 serves California, Hawaii, Mexico and Northern Nevada.

ADD YOUR NAME!

To be added to any of the following lists, please contact the OCI office at 714-953-0900 or ociooffice@oaoci.org

Find A Sponsor

The following individuals may be available as sponsors. Please give one of them a call and take advantage of their experience, strength and hope.

Fred B.....714-925-8233
Lynette P.....714-401-7148
Ron H.....714-381-4515
Sharon P.....714-330-2014
Domingo.....562-587-7306

Phone Contacts

Feel free to give the following people a call at the available hours indicated.

Fred B.....714-925-8233
Lynette P.....714-401-7148
Eva H.....714-774-7400
Griselda.....562-361-2727
Sharon.....714-330-2014
Annie T (24/7).....714-552-2337
Gaddy G (7a—10 p).....949-842-6439
Ron H.....714-381-4515

E-Mail Contacts

The following people are available via e-mail:

Griselda.....nicknamegoeshere05@gmail.com
Steven H.....shh92714@yahoo.com
Annie T.....jitterbalbug@yahoo.com
Gaddy G.....gaddy3@gmail.com

Region 2 Events OA RISE Recovery Inspires Shared Experiences

Presented on the following Sundays

March 6 and 20, 1 pm

April 3 and 17, 1 pm

For more info:

oar2.org/event-calendar.html

Looking for an OA meeting?

Click on the link to view
OC OA Meetings by Day
(in-person, web and phone).

[OC OA Meetings by Day](#)

Carrying the Message & Donations
OA World Service suggests donating \$5
per meeting to offset increased costs
and declining donations.

Orange County Intergroup OC Intergroup Zoom Meeting

Give service and join the ZOOM meeting, no driving required! Let's get every meeting represented!

<https://zoom.us/j/148694212>

MEETING ID: 148 694 212

PASSWORD: 123123

Next two 1 hour meetings will be:

March 10 & April 14 at 7:30 pm

Got experience, strength and hope in 450-500 words?
Please submit to publications@oaoci.org

To e-mail regarding a business matter: ociooffice@oaoci.org

Orange County Intergroup Office

1905 E. 17th Street, Suite 322,
Santa Ana, CA 92705

www.oaoci.org

Office Hours:

By appointment only to
purchase literature.

714-953-0900

Mailing address changed:

Region 2 Office

4733 Torrance Blvd. PMB 335,
Torrance, CA 90503

<http://www.oar2.org>

World Service Office

505-891-2664

PO Box 44727, Rio Rancho, NM 87174

E-mail: info@oa.org <http://www.oa.org>

Other Intergroup Offices

Foothill 626-568-7511 www.oafoothill.org

Inland Empire 951-715-2080 www.go2oa.org

Los Angeles 323-653-7652 www.oalaig.org

San Diego 619-521-2538 www.oasandiego.org

San Fernando Valley 818-888-4776 www.oasfvalley.org

San Gabriel Valley 626-335-3355 www.oasgvie.org

South Bay 562-493-9030 www.oasouthbay.org

Your trusted servants:

Chair.....chair@oaoci.org
Frank P949-842-3454

Vice-Chair.....vicechair@oaoci.org
Vacant

Secretarysecretary@oaoci.org
Steven M562-397-2596

Treasurertreasurer@oaoci.org
Joyce F714-328-2690

Office Liaison.....officeliason@oaoci.org
Vacant

Activitiesactivities@oaoci.org
Vacant

Meeting Liaison.....mtgliason@oaoci.org
Terry L.....949-400-3379

Public Information.....publicinfo@oaoci.org
Sharon P.....714-330-2014

Publications.....publications@oaoci.org
Lynette P714-401-7148

E-Media Manager.....emediamgr@oaoci.org
Caroleena A626-421-2544

12th Step Within.....12thstepwithin@oaoci.org
Rosemary D.....714-979-6780

Region 2 Reps

Frank P949-842-3454
Cheryl B.....949-280-5475

World Service Delegates

Laurie Y818-414-8841

HAVE SOME SPARE TIME?

Any time you have to help
carry the message is
appreciated!

We've got lists and check them
out on the left column of this
page.

Call Frank P. at 949-842-3454 or
Email name & phone number to
volunteers@oaoci.org

Looking to do more OA service?

Three Board positions are vacant.

- Vice Chair,
- Activities, and
- Office Liaison.

Contact Frank P. at
chair@oaoci.org